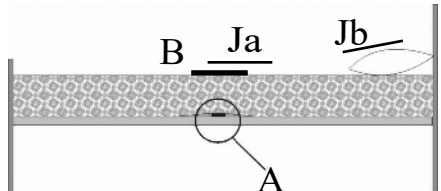




## Quick-start guide for P154AB Homecare Radio linked Bedside Monitor systems with Enuresis (S1026B, S1029B)

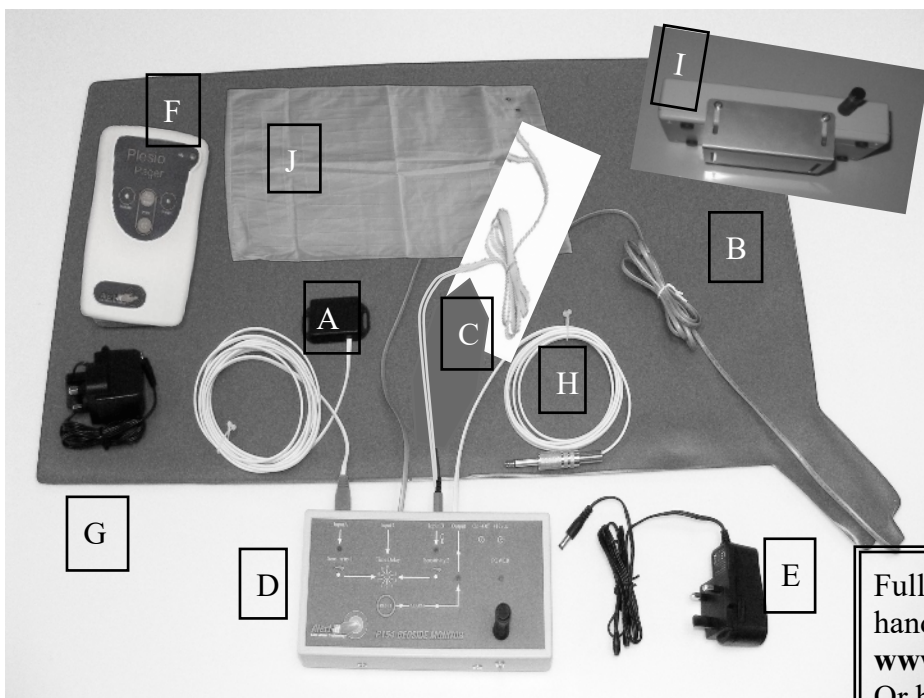
The P154A is a flexible monitor capable supporting the care of those with Epilepsy by using a range of sensing elements and passing an alarm to a portable Plesio Pager. This leaflet is a quick-start guide to installing, testing and using your pre-configured system and it assumes the reader has skills comparable to operating a mobile phone. In addition they need to have sufficient knowledge of the client to make the necessary risk assessment as to the suitability of the equipment to provide a safe environment. We are pleased to offer assistance including a full system check via our telephone helpline, and would urge you to use this service. Should you wish to change any of the operating parameters or modify your system in any way, then detailed handbooks, videos and risk assessment forms are available on request or on-line at [www.alert-it.co.uk/support](http://www.alert-it.co.uk/support)

Install the sensing components	Connect to P154 and test	Normal Operation
<p>Install the <b>Bed Movement Sensor (A)</b> underneath the mattress on a compliant bed base or the foam pad supplied., in a position below the rib cage. Its task is to monitor the smallest bed movements transmitted through the mattress.</p>  <p>For S1028 install the <b>Bed Occupancy Mat (B)</b> on top of the mattress under a suitable cover sheet, in a position that ensures the maximum body weight is lying on the mat, typically below the upper torso. Under the shoulder area is a good place if an alarm is required before the users feet touch the floor.</p> <p>The optional <b>Moisture Sensing</b> mat is connected to it's connecting lead using press-studs and then placed either over the pillow for vomit detection (Jb) or on top of the mattress (over the Bed Occupancy mat if fitted) in the region of the groin for urination monitoring (Ja). This connection constitutes an applied part so see safety warnings. The sheet should be disconnected from the leads first before any maintenance of the monitor, its power supply or the lead</p> 	<p>The system components and connection details are shown overleaf. The actual range of sensors provided will depend on your order requirements</p> <p>Turn on the P154 by sliding the recessed switch on the rear panel. The P154 has a internal battery which will charge whenever the power supply is plugged in. If the battery becomes discharged then a fault message will be transmitted to the pager and the P154 will, on power-up or pressing RESET, remain in a non-functional state with all the lights flashing.</p> <p>Turn on the <b>Pager</b> by pressing the ON/OFF button for 3 seconds (in the event of no response then charge the battery for at least 5 minutes)</p>  <p><i>These tests must be repeated regularly to check the sensors</i></p> <p>For 30 seconds after turn-on or pressing RESET the unit is in a test mode which allows you to confirm the various sensors are working, without sending an alarm. This period is indicated by the green power light flashing. Follow the test sequence as appropriate:</p> <p><b>Bed Movement.</b> Tap the mattress and Input A light should flicker with each tap. The amount of force needed to make the light flicker can be adjusted</p> <p><b>Bed Occupancy:</b> If the system has such a provision then Input B light will be on if no-one is sitting/lying on the mat. Press the mat and ensure the light goes out.</p> <p><b>Moisture.</b> You will first need to sit on any Bed Occupancy mat if fitted, to make Input B light extinguish. The light should now come on if the two press-stud connections are joined together.</p>	<p>Once the test period has ended (indicated by the green power light being mainly on with just a flicker every 8 seconds), the P154 will now detected alarms. Remember that most sensors operate with a time delay to reduce false alarms. When a sensor is stimulated the corresponding light will illuminate and the time delay starts. If the sensor activity stops then the light goes out and the time delay is reset without sending an alarm. If the sensor remains activated, the light will stay on and the alarm will be transmitted after the delay, and the ALARM light will illuminate.</p> <p>The pager will now show the alarm light and will also sound an appropriate audible alarm and vibrate (which can be silenced for 5 minutes while attending the client by pressing MUTE).</p> <p>The alarm can be cleared at the pager by pressing the button marked RESET on the P154 front panel, followed by pressing the MUTE button on the pager if required</p> <p>A <b>Bed Occupancy</b> reset has a special feature to prevent false alarms during the day. If the RESET button is pressed at any time with the occupant out of bed, then the alarm detection is inhibited until the mat is next operated, indicating that the client has got into bed, and is therefore now to be monitored.</p> <p>Before resetting a <b>moisture alarm</b>, then the cotton vomit sheet must be removed and replaced. The cotton sheet can then be laundered.</p>

ALARM		
The following table shows how any detected alarm condition is signalled on the monitor, on the pager (radio version) or via the Nurse Call		
P154 Indication	Pager Alarm	Meaning
None	Red On	Radio signal lost from the node
Red light A on steady	Alarm On Red Flash	Client is in distress (Bed Movement Alarm)
Red light B on steady	Alarm On Red Flash	Client is in distress (Enuresis Alarm)
Red light B flashing	Alarm On Red Flash	Client is in distress (Bed Vacation Alarm)
Red light A flashing	Alarm On Red Flash	Client is in distress (Additional sensor eg Floor Mat)
On power-up or RE-SET all LED's will flash as warning	Red Flash	Battery is client's system needs charging
Alarm reset at monitor	Alarm On Red Off	Press MUTE to silence & reset pager

Part Description	Part No
A Bed Movement Sensor	P114A
B Bed Occupancy Mat (waterproof)	P143C
C Connecting Lead for J	P141A
D Bedside Monitor	P154*
E Power Supply for A	P113*
F Pager	P168A
G Power Supply for F	P153*
H Nurse Call/Annunciator Lead (optional)	P145*
I Mounting bracket	P159A
J Enuresis Sensor Sheet	P142A

Items F,G in S1026B & S1029B only



Full adjustment details are found in handbooks available on:  
[www.alert-it.co.uk/handbooks/](http://www.alert-it.co.uk/handbooks/)  
 Or by phoning Alert-iT

## P154 Sensor Adjustment

*Any adjustment to Bed Movement or Moisture detection is made during the 30 second test period after switch on or RESET, when the effect can be observed on the red indicators*

### Sensitivity Adjustment

The two **sensitivity** controls the level at which the stimulus is detected. A good starting place is the slot vertical (half-way) For maximum bed movement sensitivity turn the control clockwise, with the small screwdriver supplied, but not so far that the red indicator is permanently on or flashing. Turn anti-clockwise to reduce over-sensitivity while ensuring the red indicator flashes each time a stimulus at the anticipated level is made.

Likewise the Moisture Sheet sensitivity to dampness is increased by turning the control clockwise.

### Time Delay Adjustment

The delay is a time for which the distress condition (sound or movement) must occur before the alarm is sent and is set by altering the position of small rotary switch according to the table. The period should be set to minimize false alarms during normal movement.

As delivered the sensitivity should be suitable for detecting spasms in a domestic bed and the time delay of 15 seconds (position 3) will normally be a good compromise between speed of detection and avoiding false alarms during nocturnal restlessness or short, self-healing spasms. Please refer to the TESTING procedure for confirming acceptable operation.

	Time (sec)	Rate (sec)
0	2.5	1.5
1	5.5	1.5
2	10	2
3	15	2
4	20	3
5	25	3
6	30	3
7	40	3
8	50	3
9	60	3

### Bed Vacation Time Setting (S1029)

The default setting is 6 minutes, which is used to detect potential collapse out of bed, while allowing the user freedom for visiting the bathroom for instance. This can be changed in the range 5 seconds to 21 minutes, but requires removal of the P154 base and a reset procedure using the links exposed. For this please refer to the UH1102B P154 Installers Handbook

A small screwdriver to fit the controls is to be found in the battery compartment on the underside





This symbol indicates there are warnings and precautions associated with the use of this equipment that should be carefully read and understood before using the equipment.



This symbol indicates where a Patient Applied part is connected, for which it is important to follow these instructions carefully as in item 3 below

1. Ensure the voltage & current rating of remote signalling equipment (Nurse Call etc) does not exceed the maximum allowed (50v/100mA)
2. Ensure that the sensor cable is routed and secured to avoid the risk of entanglement or strangulation.
3. The Enuresis sensor cable ( C ) MUST be connected to the monitor prior to using the press-studs to connect the sheet sensor
4. Only the recommended power supply shall be used as it is certified to provide two means of patient protection to EN60601-1
5. Ensure the power cable is routed to avoid a trip hazard
6. Regularly check the power supplies for damage and potential shock risks
7. Clean and disinfect each item regularly in accordance with information on page 7
8. Ensure, by testing, that the alarm is annunciated at the carer's location(s)
9. Regularly sensors test as defined herein
10. Use only the power supply and batteries recommended
11. Operate power supply and charge pager away from direct heat and uncovered.
12. As with all medical electronic equipment there is potential for the equipment to interfere with or be effected by interference from other electrical or electronic devices. For this reason avoid placing the monitor, sensor or connecting cable in close proximity to sensitive electronic devices or devices which produce strong electromagnetic fields such as radio transmitters, mobile phones or power cables.
13. Only use the monitor with accessories approved for use with this product and only in accordance with instructions.
14. If the equipment is modified in any way, appropriate inspection and testing must be conducted to ensure continued safe use of the equipment.
15. The carer must conduct a risk assessment to determine if the level of reliability offered by the monitor is sufficient or if additional monitoring is needed. Contact the manufacturer for assistance with Risk Evaluation Tools.
16. Additional levels of mechanical protection may be needed for some patient disorders. Contact the manufacturers for advice
17. Some accessories are fitted with small screws and have plastic bags. Ensure these do not come into the possession of vulnerable patients who might choke on them
18. Any sensor over the mattress (Bed Vacation or Incontinence) has the potential to cause pressure sores . The carer must assess this risk and monitor the use of these products
19. Any sensor over the mattress could pose a fire hazard if in contact with a smouldering cigarette.

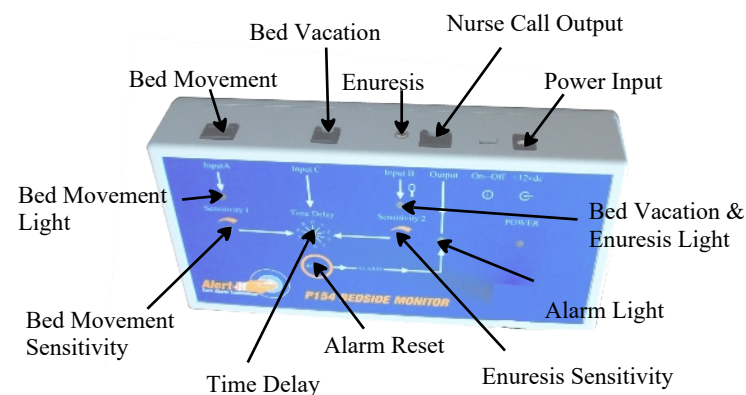
The system complies with 93/42/EEC as a Class 1 Medical Device for use in a Home Health-care environment

The system complies with EN60601 for Class 2 Electrical Safety and does not need a protective earth.

The system has a radio transmitted compliant to EN300-220 operating at 434.075MHz wide-band 10mW power (class 8) less than 1% duty cycle (class 2)

*The Alert-it system has been designed with due regard to reliability and integrity. While it offers a highly vigilant monitoring method, it is always possible that a distress condition can go undetected for a variety of reasons (including malfunction) and in life threatening situations it is advisable to use the Alert-it system in conjunction with additional monitoring techniques (e.g. video). Neither the manufacturer nor its agent can accept legal responsibility to provide a system that is infallible. The carer is responsible for assessing the risks of using this equipment and any settings pertaining to it.*

## Control and Indicators



## **Support**

For technical support please phone or EMail:  
HELP: 01530 239900  
support@alert-it.co.uk

...using technology to care for carers

Designed by:  
ITs Designs Ltd  
Leicester  
LE9 9FE UK



None of the components, including batteries should be disposed of as Domestic Waste. For information on disposal contact ITs Designs Ltd.